

celebrate HEALTH

Join Us to Discover the Benefits of Healthy Eating in Café Six Hundred

Lunch & Learn *Chef Sean O'Hara*

- ♥ February 14, 2012
- ♥ 12 noon – 1 pm
- ♥ Connolly Center

Please sign up by Friday February 10th

Where do I sign up? >>>>>> At the entrance of Café Six Hundred

How long does the Lunch & Learn Last? >>>>>> One hour 12noon-1pm

What's being served ? >>>>> Complimentary Samples of Healthy Entrée salads

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Register for Lunch & Learn

Benefits of Healthy Eating

February 14, 2012
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Chef Sean O'Hara



Name _____



Phone _____

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Lunch & Learn

February 14, 2012

12 noon – 1 pm

Connolly Center

♥ Raising the Salad Bar!

Have you noticed Changes in Café 600?

♥ Find out how to keep
your heart healthy with
Chef Sean O'Hara

♥ Learn heart-healthy
choices @ the Salad
Bar



Chef Sean O'Hara

by **sodexo***